

FEED THE BABY FIVE TIMES DAILY, ADVISES EXPERT

Don't Gorge Infants, Says Dr. David J. Levy, Who Warns Mothers.

MENU FOR YOUNGSTERS.

Don't Give Them Anything but Boiled Water at Night an Injunction.

How and what to feed the baby?

This ever-important question gains in significance now that the heat of summer adds to the anxiety of mothers for the welfare of infants.

Milk dilutions instead of percentage formulas.

Long Feeding Intervals—Five feedings in twenty-four hours.

Mixed Carbohydrates—The addition of 50 gm. of flour and the occasional use of oatmeal water as diluent.

Limiting the total quantity of milk mixture to one quart a day.

The employment of broths, fruits and vegetables from the sixth month on.

Don't feed beyond the limit of tolerance.

Dr. Levy at once calls attention to the fact that "if the child be fed beyond the limits of its tolerance it starts on a downward course, not in spite of the quantity of food it is receiving, but on account of the quantity—the so-called paradoxical reaction.

As I am out in the business world as a stenographer, I come in contact with many girls, and when the opportunity moment arrives I tell them about the Vegetable Compound and I know that quite a few are taking it."

Another Girl's Experience.

Tishomingo, Okla.—"I am a stenographer and book-keeper, and Lydia E. Pinkham's Vegetable Compound has saved my life.

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mentioned sugar. Cane-sugar is permissible. ONE QUART OF FOOD MIXTURE A DAY ABOUT RIGHT.

"Another important principle is the limiting of the total of food mixture taken to a quart a day—a principle which applies up to the very end of infancy—and incidentally, so far as milk is concerned, through the second year.

This maximum quantity can generally be reached by the fourth month, and even earlier. I generally request, on beginning whole-milk feeding, that the upper ounce of cream be removed from the quart bottle, rapidly reading this as soon as it is evident that the child is not going to react with vomiting or constipation.

"We now come to a principle hitherto little recognized or emphasized—that is, the early addition to the infant's diet of fruits, vegetables and broths. It is a matter of my routine practice in the case of the healthy infant (and many sick ones) to give daily, from the sixth month on, one feeding including broth (a small saucerful of chicken, mutton or beef broth); stewed fruit (stewed apple, stewed prune, stewed apricots), and vegetable (stewed turnips, stewed carrots spinach—the last-mentioned, possibly on account of its relatively high iron content, being the most desirable).

The fruit and the vegetables must be thoroughly cooked, rendered to a state of the subdivision by passing through a colander and given in table-spoonful quantities each.

"No matter how much improved our methods of artificial feeding may be, maternal nursing should never be abandoned until absolutely necessary. The bottle should be resorted to only after the feeding is no longer adequate or possible, or the period of infancy is passed."

Women to Safeguard Mothers.

Miss Frances Perkins, heretofore active in the Consumers' League and in the promotion of legislation restricting the employment of women and children, will enlarge her work as secretary of the Committee of Safety, succeeding Dr. Charles H. Keyes. The committee was organized after the Triangle fire, with special reference to the protection of life and property against fire hazard.

Some Working Girls Lose Too Much Time.

Two Girls Tell How to Avoid It.

There is nothing that teaches more than experience. We therefore quote from the letters of two girls who suffered and were restored to health. The same remedy is within reach of all.

Brooklyn, N. Y.—"Prior to taking the first bottle of Lydia E. Pinkham's Vegetable Compound I suffered agony every month, but after your wonderful medicine had been taken a while I felt a little better, and after taking several bottles of it I feel that I can truly say I have no more pain or inconvenience.

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During the Present Week Forty (40) Surety Stamp Coupons Free!

No purchase necessary—10 Stamps Free to Start Each New Book and 30 Stamps absolutely FREE to every Holder of a Surety Stamp Book.

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PLEASE get these points clearly in your mind—No purchase will be necessary on your part for you to get 40 of the famous "SURETY" stamps FREE OF CHARGE.

We give "Surety" Stamps liberally and cheerfully without you asking for them. Bring your "Surety" Stamp Books to us. We will show you how to fill them quickly, and redeem each book for \$2.50 in goods FREE (Groceries excepted).

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Great Furniture Removal Sale

From All Standpoints This Is Indeed the Most Remarkable Sale in Our History

Our customers have been so pleased with the goods they have bought and the many dollars they have saved that it has been similar to an endless chain—each patron telling another.

This week we feature PORCH, LAWN and COTTAGE FURNITURE.

In this great assortment you will find many beautiful pieces of willow, reed, rattan, prairie grass and maple woods finished in pleasing shades of green and natural colors.

There are chairs, rockers, settees, tables, porch and lawn swings, and in fact, every article that is necessary in furnishing the summer home, porch or lawn.

Club Plan Payments May Be Arranged

\$4.50 Enamel Bungalow Beds Each \$3.98

\$2.25 Enamel Table, \$1.85

\$15 Enamel Dresser, \$11.50

One Thousand \$3.25 Bamboo Bookcases, \$2.50

Four More Cars of These Wonderful Rockers, 75c

\$3.75 Iron Cot, \$2.95

\$2.50 Porch Rocker, \$1.75

\$13.75 Enamel Chiffonier, \$10.50

Excursions. SAVINGS BANKS.

GLEN ISLAND BOATS. EXCELSIOR SAVINGS BANK.

NEW YORK SAVINGS BANK. FOUR PER CENT.

Union Dime Savings Bank. 40th Street and 6th Avenue.

DIAMONDS ON CREDIT. ROYAL DIAMOND & WATCH CO.

DIAMONDS ON CREDIT. L.W. Sweet & Co.

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HEARN 85 Years in Dry Goods.

JUNE SALE—Last Days

NO TIME FOR DELAY—ACT—ACT QUICKLY! In This Era of High Cost of Living, Opportunities to Make Such Extraordinary Savings Are Too Precious to Miss

LAST DAYS OF OUR GREATEST JUNE SALE OF WOMEN'S UNDERWEAR

Greatest in Quantities—Greatest in Values—Greatest in Sales! No time for hesitation, if you want to buy at our sensational June Sale prices

- Last Days for 59 ct. Nainsook Night Dresses... at 38
Last Days for 59 ct. Nainsook Combinations... at 36
Last Days for 96 ct. Princess Slips... at 78
Last Days for 69 ct. Petticoats... at 48
Last Days for 25 ct. Drawers... at 18
Last Days for 29 ct. Corset Covers... at 17
Last Days for 39 ct. Ex. Size Corset Covers... at 18
Last Days for 29 ct. Ex. Size Drawers... at 28
Last Days for 69 ct. Ex. Size Night Dresses... at 46

OUT-OF-USUAL OFFERING OF HEMSTITCHED SHEETS AND PILLOW CASES

ONE-THIRD BELOW Regular Prices! HERE'S THE REASON.

A fortunate purchase which enables us to offer HEMSTITCHED GOODS at prices of the plain hemmed... Manufacturer had a surplus of these FINEST QUALITIES—But! For trade reasons, he wished his name tickets removed.

So, if you are willing to have the quality without the tickets—HERE'S YOUR OPPORTUNITY.

- PILLOW CASES 42x36—worth 18... 10 1/2
42x36—worth 20... 11 1/2
SHEETS 62x90—worth 49... 34
62x90—worth 57... 39
72x90—worth 64... 44
90x90—worth 74... 54

TO-MORROW—Tuesday—A SUMMER SALE OF SUMMER NOTIONS

ANOTHER ADVANTAGE ADDED TO JUNE SALE OPPORTUNITIES Impossible to Name All Sale Items—Accept these as representative.

WE ALWAYS DO BETTER THAN WE PROMISE No Mail or Telephone Orders for the following—

- Brooks-Spool Cotton 100 yds.—black and white—Nos. 30 to 50—usually 25 cts.—Limit—50 doz. 14
Muslin Skirt Yokes With buttonholes—size 34 to 40—reg. 12... 6 1/2
Black and White 100 yds.—black and white—Nos. 30 to 50—usually 25 cts.—Limit—50 doz. 14
Washable Dress Shields Light weight—No. 2, 3, 4—usual price \$2 and up. per doz. 5
White Roll Tape Half inch—24 yd.—reg. 7... 4 1/2
Mullin and Satin Ribbons 22 ct. Mullin and Satin Ribbons... 14
Cotton Dressing Gowns 25 ct. Cotton Dressing Gowns... 14
Table Spoons and Forks 79 ct. Table Spoons and Forks... 44
Bleached Turkish Towels 14 ct. Bleached Turkish Towels... 9
Ruffled Organdy Curtains 24 ct. Ruffled Organdy Curtains... 6 1/2
Linen Towellings 10 ct. Linen Towellings... 7 1/2
Steel Knives and Forks 12 ct. Steel Knives and Forks... 6

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Express Service for Passengers. Freight, Ammunition and Haulage.

From New York: Week Days, Pier 14, North River, foot of Fulton St., Week Days, Pier 15, North River, foot of Fulton St.

PORTLAND, ME. MAINE STEAMSHIP LINE

Delightful Long Island Sound and Atlantic Ocean trip of 200 miles.

EASTERN STEAMSHIP CORPORATION

REAL ESTATE FOR SALE—BROOKLYN.

FREE RENT

For the next two years may sound ridiculous, but the proposition is a MODEL HOME.

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MORNING SPECIALS—To-morrow, Tuesday, Until 1 P. M.

- 29 ct. Satin Mesalines 36 inch... 58
25 ct. Lace and Net Platings... 16
49 ct. Hairline Mohairs 36 inch... 27
24 ct. Fine Dress Gingham... 12 1/2
12 1/2 ct. Fancy Percales 36 inch... 7 1/2
22 ct. Millinery and Satin Ribbons... 14
79 ct. Table Spoons and Forks... 44
14 ct. Bleached Turkish Towels... 9
49 ct. Ruffled Organdy Curtains... 6 1/2
10 ct. Linen Towellings... 7 1/2
12 ct. Steel Knives and Forks... 6
69 ct. Bleached Sheets... 14
\$1.69 and \$1.98 Boys' Wash Suits... 1.17
39 ct. Children's White Shirts... 25
49 ct. Boys' Mullin Shirt Shirts... 28
29 ct. Boys' Fine Ribbed Underwear... 18
\$1.39 Dotted or Checked Lawn Waists... 77